

## PERSONAL TRAINING



### PRICING

Personal Training Packages	Rate Per Session
Pay As you Go	\$55.00
10 – 20 Sessions	\$50.00
21 - 30 Sessions + 1 Free Session	\$45.00
Over 30 Sessions + 2 Free Sessions	\$40
Group of 2	\$30.00 Each
Group of 3	\$25 Each
Group of 4 +	\$20 Each
In Home Personal Training	\$80.00

#### Pricing includes:

- Nutritional Analysis
- Caloric Needs Analysis
- 1-Hour Individualized and/or Group Workout.

#### Referral Bonuses

Get a free training session when a friend signs up for a 21 session package.

#### Contact Information:

**Cell:** 816-462-9796

**E-mail:** [chidi@chidiekebere.com](mailto:chidi@chidiekebere.com)

**Website:** [www.chidiekebere.com](http://www.chidiekebere.com)

#### Gym Location:

Body Blox Gym: 1153 Southwest Blvd.  
Kansas City, KS 66103